

# Anne M. Nickodem, M.D., F.A.C.S.

## Aesthetic, Breast and Reconstructive Surgery



Patient Name: \_\_\_\_\_

### PROLITE™ Hair Reduction Consent

- A) The light from the Prolite™ is normally absorbed more by the pigment in the hair shaft and the hair follicle than by the rest of the skin. This causes the hair follicle to heat up significantly while the rest of the skin is less affected. When the cells in the hair follicle are warm enough, the hair follicle will be gone forever.
- B) The hair grows in cycles. Only visible growing hair can be treated. Regressing, dormant and not yet visible hair follicles do not absorb enough light and cannot be treated. Normally 60-90% of all hair in the visible growing phase are permanently to long-term reduced in each session. This is why more than one treatment is needed. The most dramatic result is normally seen after the second or third treatment, but this can vary.
- C) For hair that has enough pigment in the hair shaft and the hair follicle, average regiment shall be one year with one treatment every two months, i.e. six treatments. Most patients are satisfied after three to five treatments. Rare cases can demand about eight treatments for complete resolution, and a man's beard requires a minimum of fifteen sessions due to the vast number of hair follicles. There is a variation in how many treatments are needed between people and also different areas of the body.
- D) The level of sensation also varies between people and different skin areas. For example, normally the upper part of the back is less sensitive than the lower, the forearm is less sensitive than a finger, and the bikini line is normally less sensitive the farther up you go.
- E) After waxing, a minimum of six weeks should elapse only with depilation creams and shaving before the treatment to give the treatment a fair change if success. Black hair only needs hair to grow visible 0.5 mm before treatment.
- F) There are a small percentage of patients who do not respond to the treatment for no known or defined reason.
- G) There can be temporary redness ("dermatographia" or increased blood circulation due to local warmth) after the treatment in some cases. It goes away in fifteen minutes to a few hours.
- H) There is a small risk of a very rare occurring redness after the treatment lasting a few days and known as erythema. This is similar to light sunburn and is avoided by proper use of the cooling gel.
- I) There is a theoretical possibility of blistering and de-pigmentation if the cooling gel is not applied or improperly applied.
- J) Contraindications for the treatment are: diabetes, porphyria, dark moles, tattoos, eczema or dematitis, skin tumors, skin cancer and hormonal disorders promoting hair growth.

I have received and understood the above information both orally and in writing. I will undergo the treatment with the Prolite™ of my own free will and at my own responsibility only.

1. Date: _____	Patient Signature: _____	Witness Signature: _____
2. Date: _____	Patient Signature: _____	Witness Signature: _____
3. Date: _____	Patient Signature: _____	Witness Signature: _____
4. Date: _____	Patient Signature: _____	Witness Signature: _____
5. Date: _____	Patient Signature: _____	Witness Signature: _____
6. Date: _____	Patient Signature: _____	Witness Signature: _____
7. Date: _____	Patient Signature: _____	Witness Signature: _____
8. Date: _____	Patient Signature: _____	Witness Signature: _____
9. Date: _____	Patient Signature: _____	Witness Signature: _____
10. Date: _____	Patient Signature: _____	Witness Signature: _____

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